

► Objectives:

By the end of the course, parents will:

1. Describe the connection between play and child development
2. Name the characteristics of play
3. Describe play from the sensory integrative and occupational science perspectives
4. Describe the ways play can be used in daily living activities or within therapy
5. Describe when a playful model can replace or expand a directive model
6. Be empowered to grow and expand their play interactions without a prescribed "point by point" outline or formula.
7. Learn exercises to build/enhance current play skills



► Schedule:

Day 1

- 8:30 - 9:00 Registraton & Refreshments
- 9:00 - 9:30 Introduction
- 9:30 - 10:30 Play Theory & Research
- 10:30 - 11:00 Break
- 11:00 - 12:00 Play Development, Influences on Play
- 12:00 - 1:00 Lunch
- 1:00 - 2:30 Facilitating Play
- 2:30 - 2:45 Break
- 2:45 - 3:30 Facilitating Play
- 3:30 - 4:00 Becoming Play Advocates

► Biographies:

Susan Knox, PhD, OTR/L, BCP, SWC, FAOTA

Sue Knox received her master's degree in occupational therapy and her doctoral degree in occupational science from the University of Southern California. She is Board Certified in Pediatrics from AOTA. She is currently a Director Emeritus at Therapy in Action in Tarzana, CA. She served as a research assistant to Dr. A. Jean Ayres in the standardization of the SIPT and trained normative data collectors. She has taught all aspects of sensory integration and currently coordinates the Interpretation Course for USC/WPS. Dr. Knox is the author of the Knox Preschool Play Scale. She has published chapters in OT pediatric text books and has lectured internationally on sensory integration, play, autism, and other areas of pediatric occupational therapy. She has received many awards from local, state, and national organizations and is a fellow in the AOTA.



Cheryl Ecker, MA, OTR/L, BCP, SWC

Cheryl Ecker is Director of Therapy Services at Therapy in Action, a private practice clinic in Tarzana and Santa Clarita, California. Cheryl is a graduate of the Medical College of Georgia in occupational therapy and has an advanced master's degree in occupational therapy from the University of Southern California. She is board certified in pediatrics from AOTA, is certified in Sensory Integration and Praxis Tests administration and interpretation, and is licensed in California with a specialty certification in feeding and swallowing. Cheryl, is the co-author of the Evaluation of Sensory Processing and is a published researcher in an occupational therapy textbook in pediatrics and the American Journal of Occupational Therapy among others. Cheryl has been invited to be a guest lecturer for several universities, and has also had speaking engagements at American Occupational Therapy Association National Conferences, for the California School Nurses Association, and for The Association for the Study of Play.

Lauri Bell, Play Facilitator

Lauri Bell is a play facilitator who founded Power of Playfulness with Susan Knox, PhD, OTR/L, BCP, SWC, FAOTA and Cheryl Ecker, MA, OTR/L, BCP, SWC. Lauri is the parent of a child who was diagnosed with autism at the age of two. Concerned about her son's inability to engage in imaginative play, she decided to call upon her skills from her former life. As a professional improv performer, Lauri recognized the potential for creative play and communication by simply getting down on the floor and being silly with her child. Lauri received her training as a theatre major at California State University, Northridge as well as performing with ComedySportz for ten years. She was a regular at the Ice House in Pasadena for two years and toured as a performer and improv teacher throughout the country as well as in the West Indies. Lauri began to research the role of parental interaction with children who have special needs and has created a program utilizing improvisational techniques to help parents and therapists learn how to play with their kids in a whole new way. By the age of five, Lauri's son lost his diagnosis of autism.



POWER OF PLAYFULNESS

An Interactive workshop for parents and caregivers

POWER OF PLAYFULNESS



1 day workshop for Parents

Limit 30 participants per workshop

Contact us for our future workshop dates and locations.

Would you like to host a workshop for either professionals or parents? Please contact us for more information

I would like to host a workshop . . .

Name

Organization

Address

Primary Contact Phone

Email Address

Send to:

Therapy In Action
18522 Oxnard Street
Tarzana, CA 91356

Therapy



818/708-2292
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contactus@therapyinaction.com
www.therapyinaction.com



18522 Oxnard St., Tarzana, CA 91356

POWER OF PLAYFULNESS

POWER OF PLAYFULNESS

1 day workshop for Parents



This full-day workshop is designed to give parents the tools and skills to utilize play more effectively with their children. These playfulness strategies help parents to incorporate play into daily living, whether or not the child is in a therapy program. The skills learned can be integrated into daily routines and already established therapy programs.

Six concepts form the structure of the workshop:

1. learning concepts of play development, play theory, and play as an occupation.
2. analyzing tasks
3. learning to follow another's lead
4. utilizing empathy
5. developing spontaneity
6. building on creativity

Through participatory exercise, parents will learn activities to enrich their daily play experiences and learn how to apply scaffolding techniques to teach children to play imaginatively and interactively.

This is an interactive workshop!!
Limited space is available. Call,
email, or fax to RSVP your space

▶ **Registration Form**

POWER OF PLAYFULNESS



Name _____

Organization _____

Address _____

Primary Contact Phone _____

Email Address _____

Method of Payment:
 Check Discover Card Mastercard Visa

Credit Card # _____ Exp: _____

Billing Zip Code _____ CVC2# (last 3 digits on back of card) _____

Signature _____

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